

#### **BAKERY**

- 6.5 Croissants (V) Plain, chocolate
- **5 Banana Bread (V)** Toasted & served with butter
- 6 Rasin & Walnut (V) Toasted & served with butter
- **6 Sourdough White, Sourdough Rye or Gluten-Free Bread (V)** Served with your choice of vegemite, jam, peanut butter or honey

#### **FAVOURITES**

- 15 Fruit Salad (VG) Seasonal fruit served with coconut yoghurt, honey, & granola
- **15 Avocado On Rye (VG)** Seasoned smashed avocado served on rye, heirloom tomatoes, basil, jalapeño, olive oil, & edible flowers **Add on:** poached free-range egg (+\$3), halloumi (+\$4)
- **19 Buttermilk Pancakes (V)** A triple stack of fluffy buttermilk pancakes served with caramelised banana, maple syrup, & honeycomb butter
- **16 Turmeric Oats (VG)** Oats slow-cooked with cinnamon sugar & coconut milk, & served with pumpkin seeds, berries, coconut yoghurt, & edible flowers
- **17 Nourish Bowl (VG)** A healthy start to your day with quinoa, broccolini, kale, mushrooms, heirloom tomatoes, baked pumpkin, baby spinach, carrot, asparagus, & cos lettuce.

Add on: avocado (+\$5), poached free-range egg (+\$3), smoked Huon salmon (+\$5)

**19 Corn & Zucchini Fritters (V)** Topped with kale salsa, heirloom tomatoes, avocado, & soft herbs. Served with romesco sauce.

**Add on:** rindless bacon (+\$5), poached free-range egg (+\$3), smoked Huon salmon (+\$5)

#### **EGG STATION**

**12 Bacon & Egg Burger** Milk bun filled with rindless bacon, a free-range egg, & tomato relish

**Add on:** seasoned smashed avocado (+\$3)

- **17 Ham & Mushroom Omelette** Three egg omelette filled with smoked ham, sautéed mushrooms, triple cream brie, & chives. Served with toasted sourdough
- **20 Spanner Crab Omelette** Three egg omelette filled with spanner crab, crème fraîche, chilli, & chives. Served with toasted sourdough
- **20 Green Eggs Benedict** Poached free-range eggs on toasted sourdough, with sautéed seasonal greens, soft herbs, & hollandaise sauce. Served with your choice of grilled, or smoked salmon
- **20 Seventeen's Baked Eggs** Two eggs, baked on a bed of bean ragù, potatoes, chorizo sausage, spinach, & fresh chili. Topped with smoked mozzarella, & served with toasted sourdough
- **25 Big Breakfast** two free-range eggs, cooked to your liking, & served with bacon, chorizo, semi-dried tomatoes, bean ragù, & toasted sourdough
- 12 Eggs Your Way (V) Two free-range eggs, cooked to your liking, & served with two slices of; white sourdough, rye sourdough, or gluten-free bread (+ \$2)

  Add on: Sautéed mushrooms (+\$3), sautéed spinach (+\$3), smoked Huon salmon (+\$7), seasoned smashed avocado (+\$4), rindless bacon (+\$5), bean ragù (+\$4), marinated feta (+\$4), grilled halloumi (+\$4), smoked ham (+\$4), chorizo sausage (+\$5)

## FRESHLY SQUEEZED JUICES

- 10 Straight Up O freshly-squeezed Australian Valencia oranges
- 10 Apple freshly-squeezed Australian Green apples
- **10 Pineapple** freshly-squeezed Australian pineapples

#### 10 CREATE YOUR JUICE BY ADDING THE FOLLOWING OPTIONS:

Watermelon, spinach, cucumber, lemon, lime, carrot, ginger, mint or/and beetroot

# **SMOOTHIES**

**8.5 Classics your choice of:** Banana, Mango or mixed berries

All made with yoghurt, honey & milk

(add caramel or vanilla syrup +50c)

- 8.5 Breakfast Berry (V) rolled oats, mixed seasonal berries, banana, milk, & yoghurt
- 8.5 Green Goddess (VG) Banana, mango, spinach, coconut water, & chia seeds
- **9 Healthy Chocolate (V)** Avocado, banana, black & gold chocolate, yoghurt, stevia & almond milk
- **10 Protein Power (V)** Banana, coco loco protein ball, Greek yoghurt, milk, & peanut butter (change your milk to soy or almond **+50c**)

## **MILKSHAKES**

**7** Vanilla, Caramel, Chocolate, Strawberry (change your milk to soy or almond **+50c**)

# **TEA & COFFEE**

Toby's Estate Woolloomooloo Blend

- 3.5 Regular or 4 Large
- **6.5** Cold Latte (served over ice)
- 7 Iced Tea (Choose from one of our loose-leaf teas)
- 7 Iced Coffee (Blended with ice-cream)

Mocha

- 4 Regular or 4.5 Large
- **4.5** Toby's Estate Loose Leaf Teas

English Breakfast, Earl Grey, Green Sencha, Organic Peppermint, Organic Chamomile, Organic Fresh

5 Sticky Chai Tea (brewed with soy milk)

Chai Latte or Turmeric Latte

4 Regular or 4.5 Large

Black Gold Hot Chocolate

4 Regular or 4.5 Large

(+50c for soy or almond milk)

# **SOFT DRINK**

- 5 Coca-Cola, Coke No added sugar, Sprite and Ginger Beer
- **6** Lemon Lime & Bitters
- 6 Coconut Water
- **5 p/p** Purezzo Still or Sparkling Water (Unlimited)